CERTIFICATE OF PROFESSIONAL DEVELOPMENT

Seda Aydin

has successfully completed*

Online Course - Complete IFS Therapy Immersion: Integrating the Internal Family Systems (IFS) Model Across Clinical Applications: Integrating the Internal Family Systems (IFS) Model Across Clinical Applications
Completion Date: 26 Sep, 2025
CPD Hours: 22.25

Participant has completed the above-referenced educational activity as indicated below.

1. Internal Family Systems (IFS): Development, Application and Transformational Model to Effectively Help Clients Improve Well-Being

Digital Seminar
Frank Anderson, MD; Richard Schwartz, PhD; Paul Ginter, EdD

CPD

This online program is worth 3.0 hours CPD.

2. Attachment & IFS: Healing Trauma and Attachment Wounds that Befriend the Body

Digital Seminar
Frank Anderson, MD; Chris Burris, LPC, LMFT

CPD

This online program is worth 1.0 hours CPD.

3. Treating Complex PTSD with IFS

Digital Seminar
Frank Anderson, MD

CPD

This online program is worth 1.0 hours CPD.

4. IFS Therapy & Addictive Processes: Healing Wounds and Restoring Balance to the System of Parts

Digital Seminar
Frank Anderson, MD; Cece Sykes, LCSW, ACSW

CPD

This online program is worth 1.25 hours CPD.

5. IFS & Disordered Eating: Heal the Relationship Between Food and Body

Digital Seminar
Frank Anderson, MD; Jeanne Catanzaro, PhD

CPD

This online program is worth 1.0 hours CPD.

6. IFS Therapy Approaches to Shame, Anxiety, and Depression

Digital Seminar
Frank Anderson, MD; Michael Elkin, MA, LMFT, NBCCH

CPD

This online program is worth 1.25 hours CPD.

7. IFS & Couples Therapy: Using Intimacy from the Inside Out (IFIO) to Heal, Improve, and Provide Relationship Help

Digital Seminar
Frank Anderson, MD; Toni Herbine-Blank, MSN, RN

CPD

This online program is worth 1.0 hours CPD.

8. IFS with Children & Adolescents: Using Parts Work to Help Young People Heal

Digital Seminar
Frank Anderson, MD; Pamela Krause, LCSW

CPD

This online program is worth 1.0 hours CPD.

9. IFS Approaches with LGBTQ2IA+ Clients

Digital Seminar
Frank Anderson, MD; James Andralis, LCAT

CPD

This online program is worth 1.0 hours CPD.

10. Healing Racial Trauma with IFS Therapy

Digital Seminar
Frank Anderson, MD; Deran Young, LCSW

CPD

This online program is worth 1.25 hours CPD.

11. Mastering Internal Family Systems Therapy (IFS):: A Revolutionary & Transformative Treatment for Permanent Healing of PTSD, Anxiety, Depression, Substance Abuse and More!

Digital Seminar
Frank Anderson, MD

CPD

This online program is worth 6.5 hours CPD.

12. A Therapist's Guide to the Psychopharmacology of Trauma and Dissociation

Digital Seminar
Frank Anderson, MD

CPD

This online program is worth 3.0 hours CPD.

* All online training participants must complete all evaluations and pass post-tests at a minimum 80% to receive a certificate of attendance and completion.
* You may not combine individual certificates earned from this course and the overall certificate of completion when submitting your CPD hours to your board.

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Gerry Greco

Clinical Program Director

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